

FINGER BUFFET 2025

Please select four choices of buffet items and four choices of freshly made sandwiches which includes complimentary crisps to create your own buffet menu for **£26.50 pp.**

Alternatively you may request a choice of four sandwiches for **£14.00 pp.**
We can offer additional fruit, cheese, desserts and bespoke salads on request.

We require 48 hours notice for final numbers and a minimum of 6 guests.

Please call us on 724624 or email: enquiries@lafregatehotel.com to discuss your requirements.

A discretionary 10% service charge will be added to the total account.

BUFFET ITEMS - Please select 4 choices

MEAT:

Beef fillet brochette (GF) (D,E,Mu)

wasabi mayonnaise

Duck confit spring rolls (G,S,Se)

hoisin dip

Pork (G,Mu,SD,Se)

honey & sesame glazed mustard Cumberland pork sausage,

Cajun spiced chicken breast (GF) (D)

mint yoghurt

FISH/SHELLFISH:

Smoked salmon (D,F,G)

cream cheese and chives, brioche

Steamed king prawns (GF) (C,SD)

sweet chilli dip

Crab (C,E,G,SD)

Thai spiced Guernsey crab cake, Thai dip

Breaded 'catch of the day' (C,E,F,G,Mu,SD)

tartare sauce, lemon

VEGETARIAN:

Goat's cheese (G,SD)

goat's cheese vol-au-vent with red onion marmalade

Buffalo mozzarella (GF) (D,N,SD)

sun dried tomatoes, basil, fresh herb pesto

Vegetable spring rolls (G,S,SD,Se)

hoisin dip

Quiche (D,E,G)

smoked Guernsey Dairy cheddar and spring onion mini quiche

Breaded camembert fritter (D,E,G,Mu,N)

raspberry compote

Cheese Selection (Ce,D,G,Mu,SD)

Guernsey Dairy smoked cheddar, English Stilton,
Cornish Yarg and French brie,
served with

celery, grapes, La Fregate apple chutney,
homemade honey oatcakes,

£7.95 pp

SANDWICHES - Please select 4 choices

MEAT:

Roast gammon (D,E,G, Mu)

salad, grain mustard mayonnaise

Smoked chicken breast (D,E,G, Mu)

salad, mayonnaise, pancetta crisps

Roast beef fillet (D,E,G,Mu,SD)

with tartare sauce

FISH/SHELLFISH:

Peeled prawns (C,D,E,F,G,Mu)

Marie-Rose sauce, iceberg lettuce

Guernsey crabmeat (C,D,E,G,Mu)

mayonnaise, lettuce, pepper

Tuna mayonnaise (F,D,E,G,Mu)

with spring onion

Smoked salmon (D,F,G)

cream cheese and chives

VEGETARIAN:

Egg mayonnaise (D,E,G,Mu)

Iceberg lettuce, black pepper

Brie, tomato and avocado (D,G,N)

fresh Guernsey herb pesto

Guernsey cheddar cheese (D,G,SD)

with 'Branston' pickle

MINI DESSERTS:

Please select 3 choices £6.50 pp

Strawberry cheesecake (D,E,G,N)

White chocolate chip cookies (D,E,G,N,S)

Hand made chocolate truffles (GF) (D,S)

Carrot cake, cream cheese frosting (D,E,G,N)

Lemon posset (GF) (D)

Fresh fruit platter £3.95 pp (GF)

ALLERGEN KEY: C - Crustaceans, Ce - Celery, D - Dairy, E - Eggs, F - Fish, G - Gluten, L - Lupin, Mo - Molluscs, Mu - Mustard, N - Nuts, P - Peanuts, S - Soya, SD - Sulphur Dioxide, Se - Sesame Seeds, GF - Gluten Free